

# JNBT

## Natural Horsemanship Insight® Training Program



by: Andrzej Makacewicz „Andy”

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## Natural Horsemanship Insight ©

JNBT Riding School was founded by trainer **Andrew Makacewicz**. After learning from the best like **Pat Parelli, Clinton Anderson, Chris Cox, Richard Winters, David O'Connor, Craig Cameron** and **Australian Silversand Horsemanship** programs, working for **Monty Roberts**, training with other great horsemen, studying wild horses behavior and starting wild colts, training few hundred horses annually, he was finally inspired by **dr. Robert**



**Miller, DVM**, to start own multi-level training program for horsemen. The program met growing needs of horsemen society and the school within few years **became the biggest** in the country and with over 6000 riders. JNBT courses are offered in Polish, English and German.



Program focuses on teaching people interspecies communication, horses behavior and herd relations as a basement for human to become a trustful and respectful rider as a horse leader. It's devoted to all kind of equine disciplines like dressage, jumping, eventing or just a pleasure riders. The program is divided into **5 levels: Relations L1 - Trust, L2 – Respect and L3 – Dominance; then L4 - Liberty and L5 - Harmony**. First 3 Levels (Relations) guarantee fast changes in both trained horses and the horsemen thus accelerating the whole process of training. Each student begins to read horses and communicate with them, achieving an effect of the horse bonding to the man as the pack leader endowed with trust and



respect what make this sport **safe, fun and full of positive emotions**. Relations levels L1-3 are concentrated on building the correct relationship between rider and horse. Each level focuses respectively more on trust, respect or domination by multimedia presentation theoretical issues and



teaching exercises and techniques of the ground work and in the saddle, from riding on a halter to work on a bit.

**L4 Liberty** is devoted to working a horse without any physical contact both from the ground and from the saddle – just using natural cues like sight, focus, energy, body language, suggestion and other cues. It leads to a safe horse bridle-less riding, giving horseman a horse that is so light and focused on reading cues that it cannot be comparable to

anything.

**L5 Harmony** is dedicated to advanced training and communication techniques using both natural and classic riding cues and to working with a horse in perfect harmony. It prepares for participation in shows and advanced sports in show-jumping, dressage, and to work out advanced maneuver evolutions

and tricks such as Spanish step,

piaff, cantering aside man's shoulder, laying or sitting a horse – all of them providing extraordinary unity with the horse. Courses at each level last 3 days.



JNBT provides also specialized training programs like **Foal Imprinting, Colt Starting, Wild Horses Starting, Trouble Shooting, Trailer Loading, Bit Fitting, Double Longing, Balance and L0 program for kids.**



**Individual Assistance** is a program of assistance to students in form of tips and answers to questions but also individual training.

The theory covers such aspects as: **equine anatomy, psychology and behaviorism, building trust and leadership, reading horses, communication using Equus language and techniques, controlling own**

body language, imprint training, safety. Practice from the ground is done with lead rope and halter using natural horsemanship techniques including intra-species communication, 10 Golden Minutes, desensitization, disengagement and soft yielding, focus, lateral flexion, head positioning, front and hind end driving, sending and calling, transitions, stopping, backing, preparation for 'light reins', controlling gaits and tempo. Training from the saddle includes lateral flexion, direct and indirect rein, hindquarters disengagement, light stops, transitions, balance riding and working out an independent seat.



Photo gallery on [facebook](#)

JNBT also organize events, fairs, shows in Europe, Natural Horsemanship conferences and clinics, "Considering the Horse". Courses and info schedule are on our web [www.jnbt.pl](http://www.jnbt.pl)

You will be in good hands of experienced JNBT TEAM. Applications can be made by phone +48 22 393 10 91 or at [jnbt@jnbt.pl](mailto:jnbt@jnbt.pl)



