

JNBT Horsemanship Academy

RELATION BASED HORSEMANSHIP®



RELATIONS LEVEL 1 TRUST



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JNBT Horsemanship Academy: Relations Level 1 Course - "Trust"

Date: 7 – 9 July 2017

Location: Wargrave/Reading, 1 hour drive to London

Course info and reservations: Sylvia ph. 07944697256, email sylwiakac@wp.pl

Who it is for = What you will learn at our courses

If you:

- have problems: catching, loading or mounting your horse
- want to feel SAFE riding your horse in any circumstances (at shows, trail riding, in traffic, at new places etc)
- are working with a new horse or bringing your horse back to work

this program will help you – no matter if you work with a race horse or a riding horse (be it cross country, show jumping, hacky, dressage, trail riding).

At the course you will be:

- developing communication so that you will read & understand as well as send horse language signals
- building proper relations with horses which will result in your leadership
- working on: groundwork, shoulder lift, lateral flexion, light front, proper balance & independent seat, training on halter before the bit, engaged backing, hinds disengagement vs. hinds engagement,
- building confidence which will result in a brave horse paying attention to rider's cues and not to scary things

The course is planned for **3 full days** - 8 hours/day including an hour break. Classes start on Friday at 9 am and finish on Sunday at 5 pm. Lectures will be held twice a day (morning and afternoon sessions) and so will practice with the horses.

The program is based on the latest developments in behaviorism training. It combines the natural trends of major natural horsemanship schools and uses the most advanced JNBT didactic model. It provides theoretical basis and practical application for training horses in any discipline, whether be it show-jumping, eventing, dressage, driving, western-riding or pleasure riding. It changes the horse - rider relationship fundamentally. It allows both horse and rider to build relationships based on trust, respect and leadership – resulting in the horse becoming bonded to the rider or trainer, and subsequently more focused on cues and learning process. Participant receive certificates.

Courses include multimedia presentations, films, theoretical issues, practicing ground work and in-the-saddle skills.

JNBT Relation Based training process stabilizes horse's brain and reduces negative behavior (such as kicking, bucking, rearing, biting etc.) and so fundamentally rises level of safety for both rider and horse. Horses in this training also learn more effectively and thus faster, and riders learn how to achieve such progress.

Foundation courses demonstrate how to improve training and to get horses bonded with riders before regular training. This results in acceleration of the whole training process. Students begin to read horses and communicate with them. In response the horse bonds to the person as the herd leader - endowed with trust and respect. Gaining such an attitude makes working with horses **safe, fun and full of positive emotions**.

Practice from the ground is done with a lead rope and a halter using natural horsemanship techniques. **They include intra-species communication, 10 Golden Minutes, desensitization, disengagement and soft yielding, focus, lateral flexion, head positioning, front and hind end driving, sending and calling, transitions, stopping, backing, preparation for 'light reins', controlling gaits and tempo. Training from the saddle includes lateral flexion, direct and indirect rein, hindquarters disengagement, light stops, transitions, balance riding and working out an independent seat, as well as individual consultations.**

Relations Level 1 is the primary and most extensive - as to theoretical knowledge - course of the training program of JNBT Horsemanship Academy created & started by Andrzej Makacewicz. The program is divided into 6 levels: Relations L1 to L3 (L1 Trust, L2 Respect, L3 Leadership), L4 Liberty, L5 Harmony and L6 Tricks. The academy also offers specialized schoolings and workshops such as Colt Starting and Wild Horses Starting, Foal Imprint & Early Learning Training, Trailer Loading, Bit Fitting, Saddle Fitting, Art of 2-line Lungeing, Flying Changes, Advanced Stops, L0 for Kids, Hoof care and certificated course for stable personnel.

Riders participating in the full set of courses – from L1 to L5 – will learn how to teach *any* horse they will meet in their lives to be confident, calm, safe, versatile and ready for the most advanced sport maneuvers in any discipline.

Courses are offered as weekend schoolings and they bring riders to this level within 2 years time.

If you think this program is for you, call **Sylvia ph. 07944 69 72 56** or email sylwiakac@wp.pl.

Stallions and mares with foals cannot participate in the course unless otherwise individually agreed upon written request.

Riders must have a halter, a training rope of 3.5 m (ended with a loop) and a stick (approx. 1-1,2m length) – this equipment can be borrowed or be purchased at the course.

To check references – see photo gallery [available at facebook](#)

See you there!