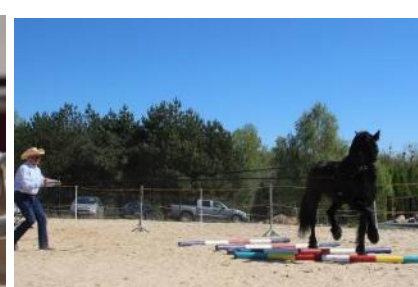


# JNBT Horsemanship Academy



**RELATION  
BASED  
PROGRAM<sup>®</sup>**

**LEVEL 1  
TRUST**



author: Andrzej Makacewicz (Andy)

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# Relation Based Horsemanship Program: Level 1 Course - Trust

**Date:** 3-4 September 2016

**Location:** Deerpark Equestrian, Ballymahon, Co.Longford

**course info and reservations** Felicity Lyons +3530858582051 or Anna Lisowska +3500353872914711

[lisczka11@gmail.com](mailto:lisczka11@gmail.com); [facebook](#)

If you want to:

- building proper relations with horses which will result in your leadership
- speed up your training with horse willing to do the job
- develop communication with your horse- read & understand horse language signals
- building confidence and lightness of your cues
- learn working on groundwork, shoulder lift, lateral flexion, light front, proper balance & independent seat, training on halter before the bit, engaged backing, hinds disengagement vs. hinds engagement,
- learn how to train a brave horse of your dreams in cross country, show jumping, hacky, dressage, trail riding
- avoid problems with catching, loading or mounting your horse
- feel SAFE and fun riding

**this program will help.**

The course is for 2 full days - 9 hours/day including an hour break. Classes start on Saturday at 9 am and finish on Sunday at 6 pm. Lectures and practice with the horses will be held twice a day (morning and afternoon sessions) .

The program is based on the latest developments in behaviorism training. It combines the natural trends of major natural horsemanship schools and uses the most advanced JNBT didactic model. It provides theoretical basis and practical application for training horses in any discipline, whether be it show-jumping, eventing, dressage, driving, western-riding or pleasure riding. It changes the horse - rider relationship fundamentally. It allows both horse and rider to build relationships based on trust, respect and leadership – resulting with the horse becoming bonded to the rider or trainer, and subsequently more focused on cues and learning process. Participant receive certificates.

Courses include multimedia presentations, films, theoretical issues, practicing ground work and in-the-saddle skills.

JNBT Relation Based training process stabilizes horse's brain and reduces negative behavior (such as kicking, bucking, rearing, biting etc.) and so fundamentally rises level of safety for both rider and horse. Horses in this training also learn more effectively and thus faster, and riders learn how to achieve this progress.

Foundation courses demonstrate how to improve training and to get horses bonded with riders before regular training. This results in acceleration of the whole training process. Students begin to read horses and communicate with them. In response the horse bonds to the person as the herd leader - endowed with trust and respect. Gaining such an attitude makes working with horses **safe, fun and full of positive emotions.**

Practice from the ground is done with a lead rope and a halter using natural horsemanship techniques. **They include intra-species communication, 10 Golden Minutes, desensitization, disengagement and soft yielding, focus, lateral flexion, head positioning, front and hind end driving, sending and calling, transitions, stopping, backing, preparation for 'light reins', controlling gaits and tempo. Training from the saddle includes lateral flexion, direct and indirect rein, hindquarters disengagement, light stops, transitions, balance riding and working out an independent seat, as well as individual consultations.**

Relations Level 1 is the primary and most extensive - as to theoretical knowledge - course of the JNBT Horsemanship Academy created by academy master Andy Makacewicz. The program is divided into 6 levels: Relations L1 to L3 (L1 Trust, L2 Respect, L3 Leadership), L4 Liberty, L5 Harmony and L6 Tricks. [See whole program](#). The school also offers specialized schoolings and workshops such as Colt Starting and Wild Horses Starting, Foal Imprint & Early Learning Training, Trailer Loading, Bit Fitting, Art of 2-line Lungeing and L0 for Kids

**Riders participating in the full set of courses – from L1 to L6 – will learn how to teach any horse they will meet in their lives to be confident, calm, safe, versatile and ready for the most advanced sport maneuvers in any discipline.** Courses are offered as weekend schoolings and they bring riders to this level within 2 years time.

If you think this program is for you, call **Felicity Lyons +3530858582051**

or **Anna Lisowska +3500353872914711** or send your inquiry to

[lisczka11@gmail.com](mailto:lisczka11@gmail.com)

Stallions and mares with foals cannot participate in the course unless otherwise individually agreed upon written request.

Riders must have a halter, a training rope of 3.5 m (ended with a loop) and a stick (approx. 1-1,2m length) – this equipment can be borrowed or also be purchased at the course.

To check references – see photo gallery [available at JNBT facebook](#)

[or Deerpark facebook](#)

See you there!

