

JNBT Natural Horsemanship Insight®



COURSES & CLINICS

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THE OFFER

JNBT Natural Horsemanship Insight[®] – Courses & Clinics

JNBT Riding School was founded by trainer Andrew Makacewicz. He learned from the world-known horsemen like Pat Parelli, Clinton Anderson, Chris Cox, Richard Winters, David O'Connor, Craig Cameron and Steve Halfpenny. His experience includes also working for Monty Roberts, training with other great horse people, working as a cowboy in Montana, studying wild horses behavior and starting wild colts. He trains few hundred horses annually. He was finally inspired by famous horse behaviorist dr. Robert Miller, DVM, to start his own multi-level training program for horsemen. The school was fantastically received and grew within few years to **become the biggest** in the country. Up to now 6500 students were trained. Today, JNBT courses and clinics are also offered in English as multimedia program.



Courses of Relations-Based Training

The program is based on the latest developments of behaviorism and training. It combines the natural trends of major natural horsemanship schools and uses the most advanced JNBT didactic model. That is why the program is so successful and fully booked. It provides theoretical basis and practical application for training horses in any discipline, be it show-jumping, eventing, dressage, driving, west-riding or pure recreation. It changes horse - rider relationship fundamentally. It allows to build relationships based on trust, respect and leadership. In result horse becomes bonded to the rider or trainer, and therefore focused on cues and learning process.

Courses include multimedia presentations, films, theoretical issues, practicing ground work and in-the-saddle skills.

Relations-Based Training (RBT) - 2-day courses (3-day available)

RBT – Foundation

Foundation courses show how to improve training and to get horses bonded with riders before regular training. This results in acceleration of the whole training process. Students begin to read horses and communicate with them. In response horses bond to the person as the pack leader - endowed with trust and respect. Gaining such attitude makes this sport **safe, fun and full of positive emotions**.

Practice from the ground is done with lead rope and halter using natural horsemanship techniques. They include intra-species communication, 10 Golden Minutes, desensitization, disengagement and soft yielding, focus, lateral flexion, head positioning, front and hind end driving, sending and calling, transitions, stopping, backing, preparation for 'light reins', controlling gaits and tempo. Training from the saddle includes lateral flexion, direct and indirect rein, hindquarters disengagement, light stops, transitions, balance riding and working out an independent seat, as well as individual consultations.



RBT - Advancing Horsemanship

Riders will learn how to work on flying changes, hind quarter engagement, lateral and vertical flexion, collection, as well as light hands and light cues to develop a soft, balanced and quiet horse. This class teaches riders how to begin to advance their horses under saddle using correct feel and timing.



RBT - Liberty

Especially dedicated to horsemen and horsewomen who have good relationship with their horses and want to develop even stronger bonds working at liberty (no strings, no bridle, no lead-ropes). It teaches working with horses on light cues – both from the ground



and in the saddle – just using natural cues such as sight and focus, energy, body language, suggestion. It leads to safe bridle-less riding and a horse so light and focused on reading horseman's cues that is

incomparable to anything.

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RBT – Basics for Kids and Teenagers

Teaching young riders how to respect, understand and communicate with horses in a safe and friendly way which is also natural to horses. The program is presented with consideration to learning abilities of younger generations.



Clinics

Clinics can be hold as 1-day workshop or 2- or 3- day schooling. Each clinic comprises theory and practice.

Available clinic subjects:

Art of Two-line Longeing and Long Lining - as a technique allowing to work out or to correct such issues as: self-carriage, balance, soft stops, transitions, sideways, two-tracking, shoulder-in, haunches-in, head position, hind engagement, light front, backing, turns, circling, gaits, cadence, impulsion and many other.



Bit-Fitting – finding the right bit for individual horse basing on horse’s age, temper and level of training as well as on rider’s experience, type of riding and discipline - using horse-friendly concepts of Myler Bits®



Natural Balance and Seat – helping riders to understand biomechanics of horse riding and how to help horse maintain balance & movement as well as execute advanced maneuvers without rider being disturbance.



Trailer Loading – different ways of helping horse to self-load to trailer in a safe, effective and positive manner.



Tricks – for horsemen and horsewomen who dream of having their horses sit or lay down at request, show Spanish walk, bow etc.



Foal Imprint Training – dedicated to the art of early learning training of foals within the critical learning period. The method was discovered and developed by dr Robert Miller, DVM. It allows to prepare horse for work with man already at birth and during first days afterwards, resulting in a ready-to-ride horse at later stage (without the necessity to start horse under saddle).



Colt Start-Up - Dedicated to people who want to gain knowledge and practice how to prepare young horses to accept saddle and rider in a non-violent way - using Equus language communication, establishing proper relations and different techniques of habituation.



Individual Training - Individual training depends on rider's **individual needs** and can cover any of the above subjects, as well as working with **problem horses** (horse vices such as head-shy, spooky, rearing, kicking, running-off, etc.)



Photo gallery on [facebook](#) and [YouTube](#)

Available dates: December 2015 – January 2016.

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